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CAMDEN HAVEN LOCAL NEWS

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FREE | NOVEMBER 2024

Reach for the sky.

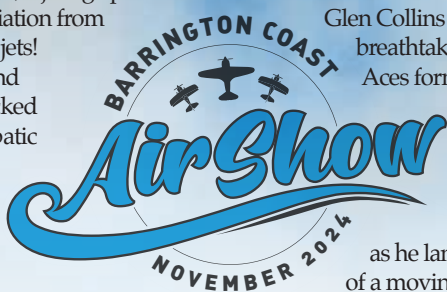
Get ready for a high-flying, fun-filled day at the Barrington Coast Airshow on Saturday, November 9th, as the skies above Taree (just down the road for we Camden Havers) come alive with thrilling aerial displays and excitement for all ages!

Prepare to be wowed by a one-of-a-kind flying program featuring classic WWII aircraft like the P-40 Kittyhawk, Australia's only Hawker Sea Fury, the mighty Grumman Avenger, the iconic Wirraway, and the T-28 Trojan. But that's not all - two rare warbirds will be making their big debut!

Catch a glimpse of Australia's newest F4U Corsair, known for its distinctive gull wings and legendary speed and power, earning the nickname "Whistling Death." Plus, don't miss the first Australian airshow appearance of the De Havilland Vampire, a jet-age pioneer that helped transition aviation from propellers to high-speed jets!

But the thrills don't end there! The airshow is packed with jaw-dropping aerobatic performances from Paul Bennet and his team. Paul will dazzle the crowd with his solo routine in the Wolf Pitts Pro, the most powerful aerobatic biplane in the world, packing an incredible 400hp.

Glenn Graham, his trusty wingman, will show off his skills in the nimble Zivko Edge 540. Then, Paul and Glenn will team up with



Glen Collins and Jett Bennet for a breathtaking 4-ship Pitts Sky Aces formation that will leave you cheering.

And for the ultimate thrill-seekers, don't miss Paul's incredible stunt

as he lands an aircraft on top of a moving vehicle-and takes off again! It's a heart-pounding display you have to see to believe.

Hailing from Old Bar, Paul Bennet is one of Australia's top aerobatic pilots, bringing his sky-high talents to airshows around the country, inspiring young people to look

upward and reach for the skies.

But it's not all about the action in the air - there's plenty of fun to be had on the ground too! Explore interactive exhibits, check out aircraft up close, browse through market stalls, grab some delicious food and drinks, admire the car and motorcycle 'show and shine', and let the kids enjoy plenty of rides and activities.

The Barrington Coast Airshow truly has something for everyone, so gather the family and join us for a day of adventure and unforgettable memories. For more details, visit the website: barringtoncoastairshow.com.au. Great day out. See you there!

We're on the move with vastly improved services where you save big bucks.

Now that we have a new owner, Steve Donnelly, our business is implementing a brand new strategy. Martin Lighting and Electrical Wholesale is closing to concentrate on the inevitable renewable energy industry. We have relocated to Seymour Street, Laurieton in the old NRMA office. Most importantly, we now offer brilliant new solar/battery options **where you sell excess power back to the grid and vastly reduce your power bills.** Call in or phone for a chat about how we can save you big bucks and improve your energy efficiency. **Government Rebates available for Solar AND Batteries.**



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Happenings on the home front.

Things the community are up to around the traps.

No horsing around here.

RDA Kendall branch is a voluntary, not-for-profit organisation which enables people living with disabilities or additional support needs to experience enjoyment, challenge and a sense of achievement through equestrian activities to improve their quality of life, attain personal goals and develop life skills.



RDA Kendall has been offering this service to the community since 1994. Currently, riding days are Tuesday and Wednesday mornings (excluding school holidays) where our clients, both children and adults come to the centre at Batar Creek to ride. Riding

classes are led by experienced coaches with the support of volunteers. There are four lovely horses - Ari, Robbie, Ruby Comet and Honey.

For 30 years the organisation has been run by the good will and dedication of volunteers. Due to people's different demands of life the volunteer base fluctuates and can make it hard to maintain the level of support that is needed to have the operation run smoothly without making too big a demand on the dedicated core group of volunteers. Unfortunately, this branch of the RDA is desperately short of volunteers now. They need you and are asking for anyone who can help out with this worthy cause.

If you're interested in volunteering, want to know more on becoming a part of the RDA community please message your enquiry to 0407 943 965 or email secretaryrdakendall@outlook.com

To view photos and videos go to <https://photos.app.goo.gl/6WZbcqNtUeNyqQRcA>

Or go to <https://www.facebook.com/rdakendall/photos>



Laurieton Library Events

Thursday November 7, 14, 21, 28. 10am - 11am

BABY BOUNCE

Join us at your local library for fun songs, rhymes, finger play, and music for infants from birth to 1 year.

Tuesday November 5, 12, 19, 26. 10am-11am

STORY TIME.

Join us at your local library for some wonderful stories and great fun. Suitable for ages 3-5 years, with parent/carer.

Thursday November 7, 21. 10am-12pm

Mobile Library Van @ Lake Cathie

Lake Cathie Community Centre
Lot 3 Mulloway Drive
www.mnclibrary.org.au

Lake Cathie remediation.

Over the past five months, contractors from the NSW Soil Conservation Service have been working to remove 1,224 tonnes of contaminated waste buried up to 500mm beneath the embankment of Bundella Avenue.

Tests were carried out to confirm that the building material - buried some decades ago and exposed through coastal processes - was hazardous and required removal.

Crown Lands in the Department of Planning, Housing and Infrastructure (DPHI) contributed \$314,265 towards the project, with a co-contribution from PMHC. Once the waste was removed, the area was backfilled with marine sand sourced from the adjoining sand



berm at the entrance of Cathie Creek, along with stabilisation works along the road verge.

About 2,000 native plants have been planted along the embankment, with a further 2,000 native plants remaining. These will help stabilise the embankment and improve the visual amenity of the area.

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CAMDEN HAVEN LOCAL NEWS

Issue 5 | November 2024

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The biggest thing to happen for koalas. Ever!

Guulabaa. Place of Koala.

The opening of the world's first major wild koala breeding program, Guulabaa, in Cowarra State Forest (near the 'Donut') marks a significant moment in the conservation of one of Australia's most iconic and endangered species. The program is a bold and ambitious response to the growing threats faced by koalas, particularly following the devastating 2019-2020 Black Summer bushfires that severely impacted koala habitats and populations. Guulabaa is more than just a breeding facility, it's a multi-faceted, community-driven conservation hub dedicated to protecting and rejuvenating koala populations.

The journey toward this groundbreaking program has its roots in the establishment of the Port Macquarie Koala Hospital in 1973.

Founded by local couple Jean and Max Starr, with community support from organisations like Rotary and Lions, the hospital began as a grassroots effort to care for injured and sick koalas. Over time, it grew into a critical part of koala conservation, gaining national and international attention, particularly during times of crisis, such as the catastrophic bushfires of 1994 and 2019. These fires brought a renewed focus on koala conservation, driving the need for more proactive measures to secure the future of the species.

The Koala Hospital has long been a sanctuary for injured wildlife and a symbol of community resilience and dedication. However, the 2019-2020 bushfires were

a turning point, underscoring the urgent need for more advanced and wide-reaching conservation efforts. This led to the creation of this Wild Koala Breeding Program, which represents a monumental step forward in ensuring the survival of the species.

Guulabaa is a place of connection and conservation.

The Guulabaa site, whose name means "place of koala" in the Gathang language of the Biripi people, is a forest-based tourism precinct that offers visitors a blend of relaxation, education, and adventure within a beautiful forest environment. The central area, known as "The Hub," serves as a nexus for a variety of experiences that connect conservation with culture, recreation, and learning.

At The Hub, visitors are greeted by "The Big Koala," a striking 2.5m sculpture which is part of the Hello Koalas Sculpture Trail. From there, visitors can access the WildNets treetop adventure, the Bunyah Local Aboriginal Land Council café and art gallery, as well as the new koala breeding facility. The entire site promotes the theme of "Caring for Country," encouraging visitors to engage with the natural environment while learning about the urgent need for koala conservation.



The Wild Koala Breeding Program is a major highlight of the site. In partnership with the Taronga Conservation Society, this program focuses on breeding wild koalas in secluded natural conditions, an approach that ensures the survival of the species in the wild. Unlike koalas bred in captivity, that often become too accustomed to human care and

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Saving the Koala from extinction.

The threats facing koalas are numerous, ranging from habitat loss due to urban expansion and climate changes, to disease, particularly Chlamydia, and human-related dangers such as road strikes and dog attacks. The Wild Koala Breeding Program is designed to combat these challenges by establishing a genetically diverse population of healthy koalas that can help replenish wild populations. By selecting founder animals that are disease-free and genetically resilient, the program aims to increase the overall health and genetic diversity of koala populations on the Mid North Coast and beyond.

are unable to survive independently in the wild, the koalas bred at Guulabaa are raised in a secluded, natural, forested environment. This enables them to develop the necessary survival skills for life in the wild.

The breeding program is housed in a state-of-the-art facility that mimics a natural habitat as closely as possible, with biosecurity measures and clinical research facilities in place to ensure the health and safety of the koalas. The young joeys stay with their mothers for around 12 months before being released into carefully selected wild habitats. These released koalas will be monitored to track their health, survival, and reproduction, with the goal of ensuring that the program contributes to the long-term survival of koalas in the wild.

The program also addresses the impact of the bushfires, which destroyed vast areas of koala habitat and led to a sharp decline in koala numbers. By breeding and releasing koalas into areas where populations have been decimated, the program aims to restore these populations and prevent local extinctions.

A collaborative effort.

The success of the Wild Koala Breeding Program relies on collaboration between several organisations, including Koala Conservation Australia, the Taronga Conservation Society, the Forestry Corporation of NSW and the Bunyah Local Aboriginal Land Council. Together, these partners are working to develop and implement scientifically robust methodologies for breeding and translocating koalas, with the ultimate goal of doubling koala numbers



in New South Wales by 2050, in line with the NSW Koala Strategy.

A future of hope.

The opening of Guulabaa and the Wild Koala Breeding Program represents a beacon of hope for the future of koalas. Through conservation, community involvement, and education, this initiative aims to secure the long-term survival of one of Australia's most beloved animals, ensuring that future generations can continue to enjoy and cherish the koala in the wild. As visitors explore Guulabaa and learn about the vital work being done, they become part of the effort to protect and preserve this iconic species for years to come. Opens December 10th, 2024.

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Community Chit Chat.

Trails. Celebrations. And paddling up a storm.

Massive Garage Sale Trail.

Get your spring cleaning sorted during November with Port Macquarie Hastings Council (PMHC) encouraging households to upcycle their unwanted goods for cash. Over two big weekends on the 9-10 and 16-17 November, the Garage Sale Trail will be happening across the region, offering healthy savings for thrifty shoppers. Residents interested in participating in a sale are invited to host their own or join a group with people in their street.



KPS Celebrating 150 years.

The Kendall Public School will be celebrating 150 years of public education this year with an open morning on Saturday 30th November.

"Join us as we celebrate 150 years of Kendall Public School. Since 1874, our school has been a pillar of our community, nurturing young minds and fostering a love for learning. As we mark this incredible milestone, we invite you to reflect on our proud history and bright future. Our gates will open at 9.30am with a gallery of photos and memorabilia set up in the library. Morning tea and a BBQ will be available throughout the morning. We will have a cake cutting and brief formalities at 11am. We cannot wait to see and hear from past students and families. We encourage you to bring along any personal memorabilia to share on the day." *Kim Barry, KPS*



They made the dragon roar.

Just think - you could give dragon boat paddling a try and be part of the 2025 Regatta Challenge being planned as a follow up to this year's very successful event. Staging a competition of this size takes many months of planning, but it paid off big time for Camden Haven Dragon Boat Club with their regatta in early September being hailed a great weekend of paddling and friendship.



Hunter River Dragon Boat Club was the stand-out champion with two firsts, two second places and five third places across all seven categories. Neighbouring club Manning River also did themselves proud, with two first places and three seconds. Remaining accolades went to South West Rocks, Forster Pearls and Coffs Coast Dragon Boat clubs. Good timings were recorded too, with the best time for the 200m Final of the Open 20s race going to Hunter River Club at 50.84 seconds.

The members of Camden Haven Dragon Boat Club made sure the 300 visiting paddlers, who represented clubs from Grafton to as far south as Port Hacking, had a wonderful weekend, with plenty of food and coffee on hand, very efficient loading and unloading

of boats and two full days of racing. Excited competitors said "with 3 boats per race in 10 minute turnarounds, we've hardly been off the water - what a regatta!"

If you would like to try dragon boat paddling you can do that at no cost while you decide if this sport is for you. They meet at 8am on Sunday mornings behind Laurieton United Services Club in Seymour Street and welcome members of all ages from 12 years upwards.

"It's a great sport combining fun, fitness and socialising while enjoying our beautiful Camden Haven River" says Club Captain Fiona Thorn. To learn more just contact Kath Branscombe on 0423 297 790 or Maureen Phinn on 0421 610 321.

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Pets in paradise.

Those Spring pollens are just itching to attack your pet.



Spring in New South Wales is a time of blooming flowers and warmer weather, but it also marks a peak season for allergens that can affect both humans and pets. As plants come into full bloom, pollen levels rise significantly, which can trigger allergies in pets, particularly dogs and cats. Along with pollen, springtime also sees an increase in dust mites, grasses and mould spores, all of which can cause allergic reactions in your pet.

Pets affected by seasonal allergies may show symptoms such as excessive scratching, biting or licking of the skin, resulting in irritation, redness and hair loss.

Other signs include watery eyes, sneezing, ear infections and even respiratory issues. For some pets, spring allergies may also manifest as digestive problems, particularly if their food contains ingredients that become more reactive in this season.

During spring, one of the most common allergies in pets is pollen sensitivity. As plants release pollen into the air, it easily sticks to a pet's fur and skin, causing irritation. In addition, fleas become more active in warmer months, making flea allergies a major concern as well.

To help pets cope with spring allergies, it's important for owners to take preventative measures. Regular grooming and bathing can help remove pollen and allergens from the pet's fur. Using flea prevention treatments is essential, and maintaining a clean home environment can minimise the impact of dust and mould.

If your pet exhibits signs of allergies, consulting with a veterinarian is crucial. Treatments such as antihistamines, topical creams or even immunotherapy can help ease symptoms and keep your pet comfortable. With the right care, pets can enjoy the beauty of spring without the discomfort of seasonal allergies. And don't forget to keep checking for ticks!

The touching tale of terrific Talya & Tidda.

In an inspiring act of compassion and dedication, a local teenager, Talya, has been consistently caring for a local resident's dog, Tidda, after the owner experienced an unexpected accident. Last December, Tidda's mum suffered a severe fall, breaking her femur, which left her unable to care for her beloved pet. Talya was asked to step in to help, initially just to walk Tidda while the owner was in hospital.

However, when the hospital stay extended, this temporary act of kindness blossomed into a long-term commitment. Day after day, Talya would lovingly pick up Tidda, after catching the bus from school or home, taking her to the beach or simply walking her around

the neighborhood, ensuring she received the exercise and care she needed.

As time has passed, a strong bond developed between the two. The dog now greets her with visible excitement, even becoming protective of her young caretaker. This touching story of ongoing support demonstrates not only the dedication to helping someone but also the special connection that can form between a person and an animal when love and care are shown.

"I love Tidda very much," Talya said, promising to continue walking her for as long as needed. This heartwarming story shows how small acts of kindness can make a big difference in the lives of both humans and animals.

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Tooth whitening is a popular dental technique to rejuvenate the colour of your teeth and brighten your smile. If you feel that your teeth have become dull and yellow after years of accumulated STAINING, why not consider professional Tooth Whitening with your dental team?

Having an attractive smile - whether God-given or courtesy of a highly skilled dental professional - is important for self-confidence. On the other hand, having grey, yellow or discolored teeth could be enough to make someone too embarrassed to smile. Moreover, stained teeth can affect a person's overall self-image by negatively affecting their self-confidence and their sense of self-worth.

Whiten UP: Tooth whitening removes internal stains through a process called oxidation. Unlike simple scaling or polishing, whitening removes superficial stains caused by coffee, tea, and red wine. The most common ingredient used for whitening teeth is peroxide gel (of varying strengths) and in some cases LED light.

At Sundial Dental we offer a take-home whitening kit for our patients that brings you the best of both worlds; the versatility of a take-home kit, peroxide gel and an LED light that returns your smile to your whitest natural shade. This easy-to-use technology is, fast-acting, safe, rechargeable and incorporates peroxide and LED light. Our patients wear the trays as prescribed by our dental professionals for 10-20 minutes a day for up to 5 days, until they get their desired result. The all-new take-home kit requires only one appointment, to assess if the patient is suitable for the whitening treatment. After the initial assessment you will take your



kit home, and you will be free to start your whitening from the very first day. (*It should be noted that if you have advanced restorative crowns and fillings, this treatment might not be right for you.) **The benefit of the take-home system is that YOU are in control of your whitening;** you choose the shade that YOU Like and can top up your the whitening solution for \$25-30.

Other options are in chair whitening which requires you to rebook and spend an hour in the dental chair.

What Can You Expect? It is usually possible to achieve a shade that is three to eight shades lighter, taking years off your

smile and making you look and feel younger in 3-5 days. An added advantage is that you can target specific teeth that are more stubborn or stained. If your teeth become sensitive during the treatment, you can give them a break and resume after a day or so; this side-effect is transient, and with care, causes minimal discomfort. The best bit is that you can expect a smile that looks years younger in just 3-5 days, **so why not start your Summer with a whiter, brighter smile?**

For more information, ring the caring team at **Sundial Dental Laurieton 6559 9276** and for a limited time enquire about our **Take-Home Whitening Special for only \$199.**

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BK Blues – Kendall Music Exchange
Ken McArthur, Peter Harries & Peter White
Kendall Community Hall. Comboyne St
Kendall. \$5.00 Entry at the Door.

FRI NOV 1 6.30pm – 9.30pm
Rockabillys (*Live Music*)
Club Lake Cathie
45 Evans Rd Lake Cathie
www.lakecathiebowlingclub.com.au

FRI NOV 1 8.00pm – 11.00pm
Jess Flanagan (*Live Music*)
Laurieton Hotel
80 Bold St Laurieton
www.laurietonhotel.com.au

SAT NOV 2 8.00pm – 11.00pm
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SUN NOV 3 1.00pm – 4.00pm
Peter Roberts (*Live Music*)
Moo & Bean Kitchen & Bar
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SUN NOV 3 3.00pm – 6.00pm
Tommy Memphis (*Live Music*)
LUSC Seymour St, Laurieton
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SUN NOV 3 8.00pm – 11.00pm
Martin Becker (*Live Music*)
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THU NOV 7 6.30pm – 9.30pm
Al McLeod (*Live Music*)
Club North Haven
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www.clubnorthhaven.com.au

FRI NOV 8 6.30pm – 9.30pm
Steve B (*Live Music*)
Club Lake Cathie
45 Evans Rd Lake Cathie
www.lakecathiebowlingclub.com.au

SAT NOV 9 8.00pm – 11.00pm
The James Brothers (*Live Music*)
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SUN NOV 10 1.00pm – 4.00pm
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FRI NOV 15 6.30pm – 9.30pm
Shane Peters (*Live Music*)
Club Lake Cathie
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www.lakecathiebowlingclub.com.au

SAT NOV 16 6.30pm – 10.30pm
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1609 Ocean Dr Lake Cathie
www.lakecathietavern.com.au

SAT NOV 16 8.00pm – 11.00pm
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SUN NOV 17 11.00am – 4.00pm
Camden Haven Country Music Fundraiser (*Live Music*)
Raffles & Walk Ups
Cold Coin Entry
LUSC Seymour St, Laurieton
www.laurietonclub.com.au

SUN NOV 17 1.00pm – 4.00pm
Kyle Moore (*Live Music*)
Moo & Bean Kitchen & Bar
613 Ocean Dr North Haven

SUN NOV 17 8.00pm – 11.00pm
Al McLeod (*Live Music*)
Laurieton Hotel
80 Bold St Laurieton
www.laurietonhotel.com.au

THU NOV 21 6.30pm – 9.30pm
Gary King (*Live Music*)
Club North Haven
1 Woodford Rd North Haven
www.clubnorthhaven.com.au

FRI NOV 22 6.30pm – 9.30pm
Andrew "Besty" Best (*Live Music*)
Club Lake Cathie
45 Evans Rd Lake Cathie
www.lakecathiebowlingclub.com.au

SAT NOV 23 8.00pm – 11.00pm
Gotcha Covered (*Live Music*)
Laurieton Hotel
80 Bold St Laurieton
www.laurietonhotel.com.au

SUN NOV 24 1.00pm – 4.00pm
Max Marvell (*Live Music*)
Moo & Bean Kitchen & Bar
613 Ocean Dr North Haven

THU NOV 28 6.30pm – 9.30pm
Leigh I Anson (*Live Music*)
Club North Haven
1 Woodford Rd North Haven
www.clubnorthhaven.com.au

FRI NOV 29 6.30pm – 9.30pm
Gary King (*Live Music*)
Club Lake Cathie
45 Evans Rd Lake Cathie
www.lakecathiebowlingclub.com.au

SAT NOV 30 8.00pm – 11.00pm
Bill Roberts (*Live Music*)
Laurieton Hotel
80 Bold St Laurieton
www.laurietonhotel.com.au



TUE NOV 5 11.30am – 3.30pm
Melbourne Cup Luncheon Tix: \$80 pp
Club Lake Cathie
www.lakecathiebowlingclub.com.au

TUE NOV 5 12.00pm – 4.00pm
Melbourne Cup Luncheon Tix: \$45 pp
Club North Haven
1 Woodford Rd North Haven
www.clubnorthhaven.com.au

TUE NOV 5 12.00pm – 4.00pm
Melbourne Cup Luncheon Tix: \$45 pp
LUSC
Seymour St Laurieton
www.laurietonclub.com.au

PUBS AND CLUBS

These venues all have regular recurring entertainment. Visit their websites for details.

Bonny Hills Beach Hotel
2445/1045 Ocean Dr, Bonny Hills
www.bonnyhillsbeachhotel.com

Club Lake Cathie
Every Friday Night Music from 6.00pm
Every Friday MAD Ukes 10am-12noon
45 Evans Street, Lake Cathie
www.lakecathiebowlingclub.com.au

Club North Haven
1 Woodford Road, North Haven
Friday night Live music
www.clubnorthhaven.com.au

Lake Cathie Tavern
1609 Ocean Drive Lake Cathie
www.lakecathietavern.com.au

Laurieton Hotel
80 Bold Street Laurieton
Ph: 02 6559 9004
www.laurietonhotel.com.au

Laurieton United Services Club
2 Seymour Street, Laurieton
Ph: 02 6559 9110 'Weekly Raffles'.
Music Bingo each Tuesday
www.laurietonclub.com.au

MARKETS & MEET UPS

First Saturday of the month
Bybarra Food Hall
Cnr Bull Creek Rd & Comboyne Rd
7am - 1pm

First Sunday of the month
Kendall Community Markets
Kendall Showground 9am - 1pm

Second Saturday of the month
Johns River Country Markets
Johns River Rd 8am - 12.30pm

Third Sunday of the month
Laurieton Riverwalk Markets
Tunis St & Short St 8am - 1pm

Every Thursday
Kendall Bazaar and The Meeting Place
Kendall Community Centre 9am - 12pm

Various other extra markets occur, check relevant websites and Facebook.

New adventures for a real win.

Local Clubs are taking a swing at rewarding times.

Win a Car this Christmas.

Laurieton United Services Club is spreading the holiday cheer this year with an incredible opportunity to drive home in style - a chance to win a brand-new car!

The grand prize, a stunning 2024 Haval Jolion, will be the highlight of the Christmas season, making this giveaway one of the most anticipated events of the year. To enter, members simply spend \$10 in the Bar, Bistro or Café to receive their entry! Limited to one ticket per person per day.

The 50,000 Points Draw, \$10K Cash Mega Members Draw and The BIG Key draw are every Thursday in October, November, and December! Key Times: 6pm - 50,000 Points Draw. 6:30pm - \$10,000 MEGA Members Cash Draw. And 7pm - The BIG Key Draw!

The grand finale of this promotion is set for Thursday, 12th December 2024, where one lucky winner will drive away in a brand-new car, while another will snag an incredible 100,000 bonus points. As if that wasn't enough, the promotion guarantees that the \$10,000 cash prize will also go off during the final draw if it hasn't been claimed on a previous Thursday!

Head to LUSC for your shot at a big win!

New 18-hole mini-golf course brings family fun to the region.

Kew Country Club, long renowned for its two bowling greens, is taking a bold step into the future with the launch of its brand-new 18-hole Mini Golf Precinct. This exciting transformation comes after extensive market research and analysis of the growing Kew and Kendall communities, which highlighted the demand for more family-friendly activities.

LUSC General Manager Rob Dwyer, alongside the Board of Directors, embraced the opportunity to diversify the club's offerings and bring a new attraction to the region. The result? A state-of-the-art mini golf course that promises fun for all ages, complemented by a resurfaced synthetic bowling green and a traditional grass green.

The new Mini Golf Precinct is designed with families in mind. It features an 18-hole course, a spacious children's play area, and outdoor seating where parents can relax while keeping an eye on their little ones. A catering facility is set to open soon, further enhancing the experience for guests.

The course, constructed by Mini Golf Australia, is already being hailed as one of their best. Local landscaper Mick Baker played a key role in the project, adding lush plantings

and a stunning water feature that will serve as a year-round attraction.

Dean Noble, Operations Manager at Kew Country Club, expressed his excitement about the new development. "We are incredibly excited to offer this fantastic opportunity to our growing region. There's even talk of our course being considered for the Australian Mini Golf Championships, which would be a great honour for the club and community."

General Manager Rob Dwyer added, "We're thrilled to bring something fresh and exciting to the community. The Mini Golf Course is a perfect addition to our family-friendly offerings, and we're really looking forward to seeing everyone enjoy it. Whether it's for fun with friends or special events, we think this will become a favourite spot for locals and visitors alike."

The club is marketing the Mini Golf Precinct as an ideal venue for family events, birthday parties, school excursions, and corporate functions. Food and beverage packages are now available for bookings. To reserve your spot, call the Clubhouse on 6559 4203 or drop by and grab a putter - it's that simple!

Food on the run.

Following the tastes of our region's mobile foodies.

The Camden Haven area is fortunate to enjoy a culinary revolution on wheels, with a variety of cuisines served by mobile eateries. Whether it's food vans, trailers or stalls, these mobile kitchens have become a vibrant part of local markets, festivals, and events, offering an array of delicious options from gourmet dishes to street food staples. This trend is not just local - it's a global phenomenon and mobile food vendors are now a key part of modern food culture.

Their appeal lies not only in the convenience but also in the creativity and variety they bring. Many of these vendors serve globally inspired dishes, from gourmet tacos and artisanal pizzas to vegan delights and unique fusion cuisine.

The atmosphere surrounding mobile eateries adds to their charm. The casual, open-air settings of festivals and markets encourage socialising and give people a chance to enjoy fresh food while interacting directly with the vendors. It's an experience that goes beyond just eating.



Versatile Kitchens

Mobile eateries, with their lower startup costs and flexibility, have paved the way for a new generation of culinary entrepreneurs. These vendors bring exciting and accessible food options to communities, ensuring that inventive and delicious meals are always

nearby at events, festivals, and markets.

In our region, Joe and Tatiana of Sunrise Cakes specialise in Ukrainian delicacies from their mobile food trailer, offering up delights like beetroot soup "Borscht" with homemade garlic bread, pierogi with various fillings, colorful meat-filled dumplings made from homemade dough, and hearty cabbage rolls, all served with a warm smile. Don't forget to ask for a big dollop of sour cream!



Chim Young Thai Cuisine brings authentic Thai flavours from their Taree restaurant to events and markets across the region. Their menu features dishes such as Stir-Fried Crispy Pork Belly, Crispy Honey Chicken, noodle and curry dishes, Tom Yum prawn fried rice, chicken satay, spring rolls, and fish cakes.

Estelle and Louis of Hello Sunshine offer an inviting selection from their food trailer, including coffee, kransky rolls, Dutch pancakes, toasted ham and cheese croissants, and breakfast burritos. They travel from Port Macquarie to Forster, Nambucca, and everywhere in between. Catch them at Laurieton Markets.

Gulen, the owner of Kekik - Turkish Cuisine, is another regular at local events. Her offerings include traditional Turkish delights like gozleme, savoury chicken dishes, sandwiches, and wraps - all with an Australian twist.

These are just a few of the varieties that mobile eateries showcase the rich diversity and innovation that food on the move brings to the Camden Haven region.



Recipe of the month

by Gregson Gastar

Crispy Chicken Adobo Wings

Ingredients for marinade:

- 1kg chicken wings
- ½ cup soy sauce
- ½ cup white vinegar (or rice vinegar)
- ½ cup water
- 1tsp cracked black pepper
- 2 bay leaves (I prefer fresh)
- 2 tsp sugar

For the coating:

- ½ cup plain flour
- ½ cup corn flour
- 1tsp cracked black pepper
- 1 tsp salt
- Vegetable oil for deep frying

Method:

In a bowl, mix all the ingredients for marinade together. Mix in the chicken and marinate for a minimum of 4 hours in the fridge. After marinating, strain the sauce and set aside to make a dipping sauce for later. Meanwhile, dunk the chicken in the flour mixture and deep fry in batches until cooked through. Double fry for extra crispness! In a pot over medium heat, bring the marinade to the simmering boil for about 10 minutes then thicken with a corn starch slurry, and yes, I give you permission to double dip your chicken. **ENJOY!**

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Keep your eyes on the skies.

Use your head and your eyes to view the night sky.

The night sky can fire up the imagination of children in a way few other subjects can. Kids of all ages find it hard to resist the temptation to explore these jewels that glitter overhead in our beautiful Camden Haven skies this time of year. Few hobbies provide as much universal appeal as stargazing. It's an activity that parents and children can enjoy together and it doesn't require much to start.

All you really need is a decent pair of binoculars, and they don't have to be brand new. The ones in the closet right now will do! What? It's true. Many parents are surprised to hear that, like telescopes, binoculars can be used effectively to find and study many deep space wonders like star clusters, comets and even distant galaxies.

For newcomers and children, binoculars offer a world of advantages over telescopes. They are light as a feather, easy to carry, and straightforward to use. Their affordability means they're within reach for families eager to dip their toes into the cosmos without a hefty price tag. Plus, their wide field of view makes it a breeze to spot celestial treasures.

Perhaps the most important benefit of binoculars for most families is the price. Binoculars are much less expensive than telescopes, you can sky watch with your children without breaking the bank. In effect, you have two small telescopes right in your hand! For family whale watching or sporting events, your binoculars win out. Trying doing that with a telescope.

Consider the differences between 7x50 and 10x50 binoculars. The numbers "7x" and "10x"



indicate magnification levels, with 10x offering a closer look than 7x. The 10x50 binoculars deliver fine details, perfect for those who wish to delve deeper into the mysteries of the night. Beginners often favour the smaller 7x50 for its simplicity, while the seasoned skywatchers might prefer the 10x50 for its enhanced detail.

With binoculars in your grasp, the night beckons. Start your journey by getting to know the major constellations, stars and planets visible from your location, using smartphone apps. Begin with the Moon, then bring the planets of our solar system into stunning view - spot Jupiter's moons, admire Saturn's rings, and track the phases of Venus.

Introducing children to astronomy early on can ignite a lifelong passion for science and exploration.

Binoculars offer a straightforward yet powerful way to spark curiosity and wonder about the universe. Encourage kids to ask questions, explore at their own pace, and share

their celestial discoveries with family and friends.

For an enriching experience, consider joining a local astronomy group like the one I run in Wauchope, Mid North Coast Astronomy. You'll connect with fellow enthusiasts and deepen your knowledge. Remember, the magic of the cosmos lies not just in what you see through your binoculars, but in the awe and wonder that fills your heart as you gaze up at the night sky. If interested, email me for meeting dates and times davereneke@gmail.com.

Binoculars are your gateway to the universe, whether you're a seasoned stargazer or a budding explorer. I've got 12 telescopes but still keep my binoculars. True! With their simplicity, they're affordable and the perfect tool for kicking off your astronomy experience, especially in kids. So, grab your binoculars, step outside, and start putting into action what you've learned by reading all this.

Happy stargazing!
See Dave's website:
www.davidreneke.com

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Norfolk Island offers a fascinating mix of charm, history and culture with an Australian flair, set on a beautiful South Pacific island. After stepping foot on Norfolk Island, you'll wonder why you waited so long! It's an invitation to slow down, take a breath, and think about the beauty and vastness of the universe, finding comfort and inspiration in its celestial hug.

Thousands of kilometres away from city lights, the clear night skies will leave you speechless. Look up and be amazed at a blanket of sparkling stars, too many to count! The Moon, planets, constellations, satellites, meteors and our awe-inspiring Milky Way Galaxy. Earth Sanctuary's astronomers will take you on a captivating space adventure in this award-winning astronomy tour. Suitable for all ages in a fun and insightful way.

*Luxury Accommodation, Island Tour, 10th -17th November, 7-Day Car Hire, Lectures, Telescope Viewings etc all included! For more Information contact Dave below.

BROCHURE /BOOKINGS - ENQUIRIES
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or email dave.reneke@gmail.com

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One of life's inevitables.

Removing the stigma from menopause.

Natural menopause is not a disease or a hormone deficiency disorder, although historically it has been treated as both¹.

Menopause literally means 'a pause in menstruation' and is only actually one short point in time, when a lady has not menstruated for 12 months. Perimenopause is when you still have periods and you experience menopausal symptoms due to hormone changes.

Surgery or pharmaceuticals given for cancer, or other conditions, can cause an unnatural menopause to happen. This can be at any age, as can natural menopause.

In Australia the average age of menopause is 51, but is typical to happen between 45-55.

Ladies may experience all, or none of these main menopause symptoms:

- Changes in period frequency, length, strength
- Hot flushes
- Night sweats
- Vaginal dryness
- Sore joints
- Sleep issues
- Tiredness
- Anxiety or mood changes
- Overactive bladder or discomfort

To minimise or banish these symptoms there are more options than just Hormone Replacement Therapy (HRT) - now sometimes referred to as Menopausal Hormone Therapy (MHT).

Most women go to their GP when they experience symptoms. The mainstream push is for HRT and natural therapies are often not known about. If you value keeping your body in a more natural balance make sure any GP you consult is on the same wavelength.

Don't just rely on your GP to know about it. "A survey published in 2019 in Mayo Clinic Proceedings found that just 7 percent of new (US) physicians in family medicine and gynaecology felt adequately prepared to deal with patients' menopause, with 20 percent reporting they had not received a single lecture on the topic during residency²."

Get yourself and your family educated so you can live life with as smooth a transition as possible. Diet, yoga, exercise and complementary therapies can all help with menopause symptoms.

There are a host of books by reputable authors on all options, and even an informative new magazine called Natural Menopause, which is available online to read free from our local libraries.

It can be bewildering, upsetting and stressful for others in the family. The mere mention of this life stage in the presence of men often rewards me with eye rolls and nervous chatter. A very typical comment comes from Graham from Hannam Vale,



Yoga with friends can help with menopause symptoms

"the worst thing about menopause was that I didn't understand why she was angry at me all the time".

Menopause need not be 'The Dreaded Change'. Let's talk openly about it. I encourage you to share your stories and ask those of others, so we can learn and grow together as a community. And remember, 'this too shall pass'.

Further Information:

<https://www.worldmenopauseday.com.au/>
www.thelancet.com/series/menopause-2024

1. "Is it hot in here, or is it me?", Wingert & Kantrowitz, 2007, Hatchette.
2. www.theartofhealing.com.au/2024/09/menopausal-women-are-often-gaslighted-by-the-medical-profession

by **Stacey Carol**
Stacey Carol Wellness.

Remember:

- You're not the only one
- It is a real thing
- Physical changes happen
- Emotional waves come
- There are things you can do to smooth the transitions

What Locals Say:

"Roll with it, don't go against it. Embrace it as the next stage. Truthfully, I feel less strong and get hot flushes throughout the night, and have done for years, but I don't get periods, which makes 'him' happy. When you went through puberty it was a natural reaction for your body, nobody told you to take drugs to go through puberty." Deb, 58, Kendall.

"I experienced uncontrollable mood swings, and the guilt felt after being mean to my partner, sometimes for no reason." Di, Hannam Vale.

"When I was growing up no one told my mum anything. We didn't talk about it and we just thought she was mad, with the crazy mood swings. Now we realise that she was going through the menopause by herself, no information or anything, how scary is that?" said Jane, from Stewarts River. Then added that her Dad just used to tell her Mum to "take a tablet and get on with it".

Di, from Moorland said "I just accepted it was part of life without knowing it can be helped or managed".

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Garden hints and nature's wonders.

November in the garden is mulching time.

As we enter the final month of spring, the recent showers have given the garden a welcome refresh.

Now is the time to mulch our gardens in preparation for the summer months ahead.

Mulching helps to conserve moisture and reduces weeds. Mulch the garden to a depth of 20-40mm. Ensuring the mulch is kept away from the base of the plant.

Hippeastrums have certainly been a standout in the late spring garden this year. The snails and slugs love their flowers so ensure a pet-friendly snail bait is applied around the bulbs to protect the flowers.

Dahlias can be planted now in a sunny location; these will provide stunning flowers throughout summer into Autumn.

Summer Vegies and Herbs will be growing well with the warming weather, so apply regular applications of an organic liquid fertiliser. This will ensure strong healthy growth and excellent flavour.

Native plants will respond to a light prune removing dead growth or spent flowers. A small application of Organic Life Native Food will help to maintain healthy growth throughout the summer season.

Looking to add some colour in the garden

for Christmas and the New Year holiday season? Petunias, Vincas, Salvias, Lobelias, Zinnias, and Marigolds can all be planted now and will give months of colour in the garden.

Happy growing, *Malcolm McKinley*
Bonny Hills Garden Centre

MAL'S Plant of the Month.

Angelonias

One of my favourite perennial plants, providing year-round colour in the garden. Growing to 40cm high these will thrive in full sun or a part-shaded location. They are also perfect for growing in pots.

They come in a range of colours from White, Mauve, Pink, Lilac, Red and Burgundy. Feed regularly with Sudden Impact will keep them looking great year-round.

They respond to a prune to tidy up if necessary.



Put yourself in the picture.

Seeking new members.

Our club is open to men and women of all ages over 12yrs who want to try out or develop their skills in this, the fastest growing sport in Australia. We welcome first time paddlers who we will coach and mentor so that they get the very best out of themselves whilst keeping fit and enjoying the beautiful scenery and wildlife!



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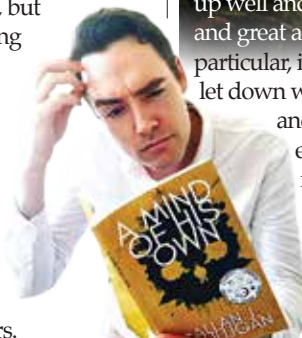
by Callan J Mulligan.

This month we're have a hot new series, an above average film, and an un-put-down-able book. So let's not waste anytime with introductions, and dive right into it!

The series - *The Penguin* - HBO

If you saw the latest cinematic Batman, played by Robert Pattinson and directed by Matt Reeves, you probably liked it (personally, I thought it was the best Batman film since Keaton/Burton). And one of the stand out roles in that film was Colin Farrell's Penguin. We finally got a glimpse of the Penguin from the beloved comic books; a wannabe Mafia boss with an ambition for power and a nose for betrayal. So when Reeves announced a stand alone Penguin series for HBO, the world went nuts for it.

With three episodes available at the time of this review, the show has lived up to the expectations so far. It keeps the same vibe and atmosphere as the film, taking place one week after the events of *The Batman*, but is also viewable without needing the backstory. It feels like *The Sopranos*; a truly epic mobster series, only this time set in the gothic underbelly of Gotham City. Let's hope the rest of the series holds up to scrutiny. So far, I see an Emmy in Colin Farrell's future for being so unrecognisable while playing such a recognised role. 4/5 stars.



The film - *Wolfs* - Apple TV+

Brad Pitt and George Clooney reunite on screen, playing "fixers". Accidentally kill somebody? Intentionally steal drugs from the Albanians? Simply call a "fixer" and they'll clean up your mess and make sure nothing traces back to you.

This was a beautifully shot film, with basic writing which worked well for what it was, and great chemistry between Pitt and Clooney. I can't help but think the banter these characters share on-screen is not so different from the banter these actors share off-screen. They are best buds in real life, after all. The film is often slow, but picks up well and has laugh out loud moments and great action scenes (the chase scene, in particular, is executed marvellously). The let down was the ending, which felt rushed and unfinished. They could have easily justified another twenty minutes of screen time, instead of having the film feel like a pilot episode to a series.

But, well worth the watch none-the-less. 3.5/5 stars.

The book - *The Rise and the Fall of Dinosaurs* - Picador

Steve Brusatte is a world-famous palaeontologist. He was the go-to guy for the Jurassic Park film researchers, and he personally discovered several new species of dinosaur. So when he wrote a book, which is non-fiction but reads and feels like fiction, it's no surprise it sold millions of copies. After reading it myself, I'm tempted to place it into my top 10 books of all time (it certainly reaches number 1 in my top non-fiction list).

The Rise and Fall of The Dinosaurs follows two stories which intertwine. The first is Brusatte's story, a whirlwind Indiana Jones-esque adventure from young dino-student to successful dino-scientist. The second is the story of the Dinosaurs, from the earliest forms of life to the day that ended their reign over our planet. The success of these creatures goes far beyond that of mere humans, and the true story of their dominance and their beauty left me thinking about this book for many weeks after turning the final page. 5/5 stars.

Head to my channel: youtube.com/@cal.creates.



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Public Notices.

People wanted. Young and old and the not so old.

Recruiting volunteers now.

Great news, the Kew Information Centre is now recruiting people as ambassadors for the Camden Haven area. Don't know much about the area yet?

We give all the training you need and all the information you need is within arm's reach. You will have the opportunity to talk to people from all over Australia, and indeed, the world. We have a great little gift shop and Information Centre at 133 Nancy Bird Walton Drive, Kew.

We are the home of The Big Axe. To find out more, just call Geoff Browning on 0433 874 724 and discover how you can help promote the beautiful Camden Haven region and beyond. See you soon.



iKew Information Centre



Pre-school enrolling for 2025

Kendall Community Preschool has positions available in 2025 for children aged 3-5 years.

They pride themselves with connection to community, and sustainable practices and nature-based play and learning, advocating for children's voices in shared curriculum decisions, building secure and respectful relationships, and preparing children for school and the wider world.

Please contact Kendall Community Preschool to arrange a visit and for further enrolment information on 6559 4555. Visit the website: kendallpreschool.org.au



Community pillar passes.

It is with great sadness that we announce the passing of Reg Spencer. He passed on October 3rd at 95 years of age.

Two months ago we featured Reg and June in a special article about their 75th Wedding Anniversary, 75 years of a life lived together.

Our condolences go to June, his beloved wife of 75 years. To his three children, Garry, Robyn and Stephen, and all the other members of the extended family. Not only his children, but grandchildren, great grandchildren and great great grandchild.

A dedicated and active friend to the community, Reg's passing will be felt widely. To know Reg was to love Reg.

A true gentleman with a loving heart.



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0459 472 882

What's on in November at the 'Plaza Theatre'

From October 25	Lee Here
November 1	Weekend in Taipei
November 2	Fom Hilde, With Love
November 8	Red One
November 15	Gladiator II
November 16	Memory
November 22	Wicked
November 29	Moana 2

Up the waterways and on the greens.

Winning all round. Paddlers, Pennants and Points.



Row. Row. Row your kayak.

On Tuesday 17 September, 12 paddlers made the short trip south to Forster/Tuncurry for a three-day "away" paddle at the holiday park on the banks of Ohmas Bay - it's a lovely park complete with a small tractor, called "the marriage saver", to park your caravan on your site - what a splendid idea!

After arrival and setting up, the kayakers settled in with a relaxing walk or bicycle ride, followed by a complimentary sausage sizzle at the camp kitchen in the evening. Some passed on the sausage sizzle to instead watch the sunset over the bay with a few drinks and nibbles, and the obligatory BBQ.

On Wednesday morning, we boarded our kayaks and set off from Ohmas Bay, heading past Native Dog Island and up the Wallamba

River. We stopped at a beautiful sandy beach for morning tea, before exploring a small inlet and lake in the middle of Wallamba Island. After circumnavigating Wallamba Island, we made our way downstream back to the caravan park - all up, a respectable 10kms or so. That evening we headed to the Sports Club for dinner and a relaxing beverage.

Thursday we headed into the Bay, and watched as an osprey caught a large fish directly in front of us - and then saw the diligent osprey parent feeding 3 (rather large) baby ospreys.

We continued with a fast-flowing tide, passing a myriad of oyster leases and several more osprey nests as we headed up the Coolongalook River. At the western end of Wallis Island, we encountered a pair of dolphins also enjoying this beautiful waterway.

The last stretch of paddling was into a fairly stiff wind and an outgoing tide but the paddlers were up to the challenge and all made it safely back to camp.

What a lovely place to spend a couple of days paddling with friends - and all just a short drive from home!

Barbara Martin,
Kendall Community Boatshed Kayaking Club



Pennants finals line up

North Haven Ladies Bowls

Our ladies played the Mid North Coast Pennants Finals today. Division 3 - North Haven Ladies took on Kempsey RSL Ladies to see who would progress to the State Finals. It was a great match and North Haven defeated Kempsey RSL 45 to 39. Some wonderful bowls were played. The team was Robyn Davis, Robyn Wadling, Karen Lees, Frances Forman - Sharyn Samels, Wilma Stedman, Jean Halstead and Linda Caselton.

Well done to all involved look forward to seeing them play in the State Finals next. Contact: bowl@clubnorthhaven.com.au or phone Club North Haven (02) 6559 9150.

Elaine Pender

The Grand Slams played our style. Our unique concept.

Kempsey Tennis Club recently teamed up with Laurieton Tennis Club to host the Junior US Open Tennis Competition, the first of its kind between the two clubs on the Mid North Coast. 32 young players competed across two categories: Red Stage (ages 5-8) and Orange Stage (ages 7-11), in a fun and supportive environment that encouraged both skill development and sportsmanship.

The event was a huge success, with thrilling matches and enthusiastic participation.

Trophies were awarded to the top players, and everyone enjoyed a free sausage sizzle to celebrate the day. We would like to extend an invitation to interested parents and players to participate in future events, as competitions like this are rare and provide valuable experience for young athletes. The next event will be held at Laurieton Tennis Club in early December, and we look forward to welcoming even more juniors to join in the fun!



Orange Ball Final: Jasper and Etienne

by *Quinn Sylow*, www.evoketennis.com.au



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Laurieton Family Dental Practice



Music hitting a high note.

Laurieton Voices raising the roof at the School of Arts Hall.

by *Olwen Williams.*

Laurieton came alive with music as the Laurieton Voices choir raised the roof of the School of Arts Hall on Friday, October 4, with their latest concert, "Songs to Raise You Up." The performance, which kicked off at 2pm, was a heartwarming showcase of community spirit and musical talent, filling the hall with melodies that left the audience both uplifted and entertained.

The choir, made up of 26 vocalists, was led by local Musical Director and Conductor, Iain Pole, whose energy and passion were palpable. Accompanied by pianist Penny Orchard, whose exquisite touch on the keys added depth and richness to the afternoon's performance, the group took the audience on a journey through a variety of genres, from traditional tunes to pop hits.

One of the highlights of the performance was a lively tribute to Elton John. Choir members donned quirky glasses and top hats, channeling the flamboyant spirit of the legendary singer-songwriter. This segment of the concert featured some of Elton's best-loved hits bringing a fun and theatrical twist to the afternoon.

In a more reflective moment, the choir performed a song with local significance by Australian composer Eric Bogle, written during an Australia Day ceremony atop North Brother Mountain. This piece brought a personal, poignant touch to the program, reminding the audience of the rich cultural



The Voices performing in the School of Arts Hall

heritage of our area. Eric Bogle being famous for *And the Band Played Waltzing Matilda* to name just one of many.

The concert wrapped up with a rousing sing-along of Australian folk classics, with the audience enthusiastically joining in. The community spirit in the hall was tangible, as voices united in a joyful celebration of song and camaraderie.



Accompanist Penny Orchard



Iain Pole in full performance mode

No Laurieton Voices concert is complete without their famous raffle, and this one was no exception. Choir members donated a selection of fabulous prizes, with proceeds from the raffle raising \$400 for the Palliative Care Unit at Wauchope Hospital. It's this commitment to giving back to the community that has kept the choir close to the hearts of many for the last 15 years.

After the performance, the audience and choir mingled over a delicious afternoon tea, lovingly prepared by the choristers themselves, adding a personal touch to what was already a warm and engaging event.

Sue Bartholomew, Choir Manager, reflected on the bonds forged through their shared love of music. "We've all made a lot of friends along the journey of enjoying music together," she said, summing up the sense of connection that defines the Laurieton Voices.

The choir, which rehearses every Friday at 2pm at the Laurieton School of Arts Hall, welcomes new members. If you'd like to add your voice to this vibrant group, contact Sue on 0402 204 782.

An afternoon filled with music, friendship, and community spirit - it's no wonder Laurieton Voices has been a cherished part of the local landscape for over a decade.



The Laurieton Voices

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Studio in Laurieton

The region's cultural landscape.

Virtuoso violinist Goetz Richter's deep connection to Camden Haven.

by *Olwen Williams.*

It was a true pleasure to catch up with Camden Haven resident and renowned violinist, Goetz Richter. Our paths first crossed in 1988 when we both worked with the Sydney Symphony Orchestra, and we took a joyful stroll down memory lane, reminiscing about the vibrant Sydney music scene of the '80s.

Goetz has been sharing his musical talent with the Camden Haven community since his first performance here in 1989. That initial visit was made possible with local Arts Councils directly funded by NSW State Government Grants, bringing music and artistic events to regional Australia. Goetz was invited to perform by the Camden Haven Arts Council, and he was so impressed by the dedication and passion of the committee, led by Peter Gross and Anne Molver, that he continued to return with more musicians, mostly from Sydney, to captivate local audiences.

His love for the region led Goetz to co-found the *Camden Haven Music Festival*. The festival ran annually from 1990 to 1998. It featured a wide variety of musical performances in venues across the area, from Laurieton to Kendall and Port Macquarie. Audiences enjoyed many musical genres from classical ensembles to prominent Sydney jazz outfits, making it a truly eclectic and much-loved event.

A serendipitous collaboration with



Goetz Richter

violin-maker Graham Caldersmith, who had recently moved to the area, led to the launch of the Kendall National Violin



Goetz guiding new talent

Competition in 1999. Graham, known for crafting violins from Australian wood, provided a hand-made violin as the competition's first prize, giving the winner a significant boost in their musical career. Now in its 25th year, this bi-annual competition attracts top talent from across the nation and will take place again on March 1 and 2, 2025, at the Kendall Community Hall. It's an event not to be missed!

In honour of Camden Haven's artistic legacy, the competition now includes the "Watermark Composition Prize," paying tribute to the Watermark Literary Festival once led by the renowned author Eric Rolls along with Elaine Van Kempen.

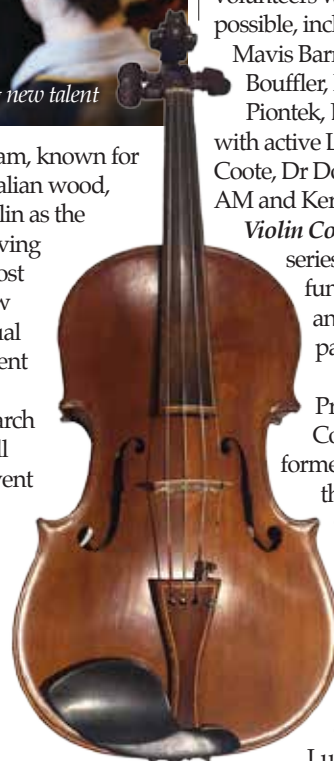
Adding to the region's vibrant music scene, the PhiloMusica concert series was created, showcasing professional musicians in

an intimate setting. These Sunday afternoon concerts are always preceded by a pre-concert talk where Goetz shares his deep knowledge of the musical program. The next PhiloMusica concert, with a festive repertoire, will be on December 15, 2024, starting with the talk at 1pm and the concert at 2pm. Tickets are available through the Kendall Violin Competition Website (www.kendallviolin.org.au), or by contacting Mavis Barnes at 6559 4339 or mavis.barnes@bigpond.com.

Goetz is quick to acknowledge the many volunteers who help make these events possible, including Ensi Payne, Amanda Potts, Mavis Barnes OAM, Fran Bec, Chrystine Bouffler, Maxene Hutchinson, Rosemarie Piontek, Lesley Priest and Eunice Roberts with active Life Members being Lyndal Coote, Dr Douglas Head, Dr Jeanell Carrigan AM and Keri Levy. The *Kendall National Violin Competition* and *PhiloMusica* series receive no government funding, relying on the hard work and dedication of this small but passionate team.

Currently an Associate Professor of Strings at the Sydney Conservatorium of Music and former Associate Concertmaster of the Sydney Symphony Orchestra, Goetz is a highly respected musician and educator. His generosity and commitment to the Camden Haven community has enriched the cultural landscape, and we are fortunate to have him continue to bring outstanding music to our region.

Lucky for us!



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| Bold Espresso Bar | Reflections |
| Laurieton Museum | Bonny View Shop |
| Neighbourhood Centre | Lake Cathie |
| Laurieton Newsagents | Caramels |
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| Camvet | Kendall/Kew |
| LJ Hooker Laurieton | Kew Corner Store |
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| Piece of Mind Foods | Dunbogan Caravan Park |
| Sandbar Café | Dunbogan Takeaway |
| Shell Riverview | The Dunbogan |
| Brigadoon | Boatshed |
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- Raffles - 30 Trays drawn at 6pm
- Live Entertainment from 6:30pm
- Second Chance \$200 draw at 8:30pm

SUNDAY

- Buy \$10 Raffle tickets for a roast lunch at \$10
- Raffles - 20 Trays drawn at 1pm
- 20 Trays - drawn at 5:30pm